

Daily Lunch, Chef Salad & Deli Subs are served with Choice of Beverage & a Dessert Such as ...Cookies, Fruit, etc.

Caterings Best...

CFCA

OCTOBER 2018

Lunch Combos

| | |
|----------------------------|--------|
| Daily Lunch (to the right) | \$5.00 |
| Deli Sub | \$5.00 |
| Veggie Sub | \$5.00 |
| Salad - Chef | \$5.00 |
| Salad - Chicken Caesar | \$5.00 |
| Salad - Vegetarian | \$5.00 |

ALL SALADS MUST BE ORDERED THE DAY BEFORE

Ala carte Items

| | |
|----------------------|--------|
| Extra Entrée | \$2.50 |
| Extra 100% Juice | \$1.25 |
| Extra Water | \$1.25 |
| Fresh Baked Brownies | \$1.25 |

Bananas, Apples, Oranges, Grapes Cluster, Pears, Peaches, Berry Mix and more

Daily Desserts

May be any one of the following items...
 Fresh Fruit Tropical Fruit in Natural Juice*
 Cookies* Cakes* Pudding* Homemade
 Fresh Fruit Cobblers* and more

Salad

Organic Baby Mixed Greens, Tossed Salad Mix
 Organic Baby Carrots, Cherry tomatoes,
 Cucumber, Black Olives, Chick Peas, Raisons,
 Croutons, Cheddar Cheese, Mexican Cheese,
 Feta Cheese, Eggs, Fresh Fruit in season, Tuna
 Salad, Chicken Salad, Sunflower Seeds, plus

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------|--|---|---|--|--|----------|
| | | | | | | 1 |
| | 1 | 2 | 3 | 4 | 5 | 6 |
| | Breaded Chicken Breast Patty w Lettuce and Tomato Fresh Bun French Fries | Rotini Pasta Marinara Sauce Parmesan Cheese Tossed Salad Garlic Bread Stick | Charbroiled ¼ lb. Beef Burger served on a Fresh Bun Lettuce, Tomato, Pickles, French Fries | Panni Oven Roasted Turkey Breast & Cheese Chips Fresh Fruit | Brick Oven Pizza Fresh Baby Carrots Ranch Dressing Dressing | |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| | NO SCHOOL TEACHER WORK DAY | NO SCHOOL TEACHER WORK DAY | Sloppy Joes on a Fresh Bun French Fries Sweet Buttered Peas | Mexican Lasagna Layered w/ Rice Corn, Black Beans Cheese & Meat w/ Nacho Chips and Salsa on Side | Brick Oven Pizza Fresh Baby Carrots Ranch Dressing Dressing | |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| | Baked Chicken Mashed Potatoes Buttered Corn | Bow Tie Pasta Meatballs w/ Tossed Salad Garlic Bread Stick | Charbroiled ¼ lb. Beef Burger served on a Fresh Bun Lettuce, Tomato, Pickles, French Fries | Panni Oven Roasted Turkey Breast & Cheese Chips Fresh Fruit | Brick Oven Pizza Fresh Baby Carrots Ranch Dressing Dressing | |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| | Baked Chicken Mashed Potatoes Buttered Mixed Veggies Peas Carrot corn | Spaghetti with Meat Sauce served with Tossed Salad, Garlic Bread | Meatball Sub Marinara Sauce Mozzarella Cheese French Fries Buttered Corn | Nacho Bar Nacho Chips Seasoned Ground Meat Cheese Sauce Shredded Lettuce, Diced Tomatoes, Salsa Sour Cream | Brick Oven Pizza Fresh Baby Carrots Ranch Dressing Dressing | |
| 28 | 29 | 30 | 31 | 1 | 2 | |
| | Chicken Nuggets Mashed Potatoes Sweet Peas | Rotini Pasta Marinara Sauce Parmesan Cheese Tossed Salad Garlic Bread Stick | Sloppy Joes on a Fresh Bun French Fries Sweet Buttered Peas | Tamale Pie Ground Beef, Corn Cheese & Sour Cream Topped with Corn Bread Corn Chips & Salsa | Brick Oven Pizza Fresh Baby Carrots Ranch Dressing Dressing | |

